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professional corp.
Cosmetic & General Dentistry

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Dear Patients

Welcome to Spring, finally ...maybe ...hopefully. Now if only the weather would oblige!

On one of those long cold evenings we've been having recently, I came across a T.V. mini-series about John Adams, the second President of the United States. In this \$100 million production, which takes place during the period 1765-1820, no expense seems to have been spared to render each scene with total historical accuracy. The primitive looking cottages and city streetscapes, the era appropriate candle lighting, the 18th century period costumes worn by men and women of both high and low station, and even the depiction of the "vittles" farmers ate all seem convincing. Everything looks totally authentic except for one enormous obvious (to me) visible gap. All the actors have fabulous 21st century Hollywood teeth.

The problem is likely due to the simple reality that while actors are prepared to accept all kinds of abuse to their bodies to land a part including gaining weight, losing weight, sporting awful hairdos and even shaving their heads, actors will seldom sacrifice the look of their pearly white teeth. The great Dental Iron Curtain is almost never crossed because good strong healthy looking teeth provide actors (as well as most people) a sense of inner confidence that they are ready and able to bite into any role life sets for them, come what may.

Teeth are more than just a cosmetic attribute or a means of accessing our nutrition. They are an essential part of our inner identities as the central element in the smile that looks back at us in the mirror every morning and helps establish our self-image, whether we are playing our roles on television or in everyday life. We in our office try hard to keep your teeth up to 21st century dental technology standards, but your care and dental visits are essential to achieving this result.

I just recently returned from the world famous Las Vegas Dental Institute where I took a specialized course in neuro-muscular dentistry. Over the years I have had many patients who complained of persistent headaches and neck or shoulder pain, and I have always suspected that this condition was at least partially attributable to a poor misaligned bite. At the course we learned that a simple mouth orthotic can often relieve much of this discomfort without medication. Several of my patients are now wearing these mouth orthotics which I have fabricated here in our office, and we have seen a significant rate of success. I am excited about the possibility that this new system may be able to help many more of my patients.

As always, we are dedicated to keeping your smile looking great and feeling comfortable and greatly appreciate your referral of friends and loved ones as new patients to our Practice.

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